



# HEALTH OPPORTUNITIES FOR CHILDREN KARNATAKA



# Challenges



A heightened health risk for children amid the Covid-19 pandemic



Lack of safe & sanitary infrastructure, including clean classrooms, toilets and drinking water



Low attendance and poor academic performance due to easily preventable health issues



Lack of awareness to build healthy habits, and basic hygiene toiletries



# Core Health Programs



# Focus Areas

## PREVENTIVE HEALTH AWARENESS

- Health Screening
- Health Kits
- Sanitary Napkins
- Nutritional Snacks
- Awareness Collaterals
- Handwash Campaign

## SCHOOL MAINTENANCE

- Daily School Maintenance
- Maintenance of RO Units
- Minor Repairs
- Security at Four Schools



# Preventive Awareness: Comprehensive Health Screening

**Objective:** Conduct annual health check-ups for government school children

**Screening of:** Dental, vision, skin, anemia, ENT

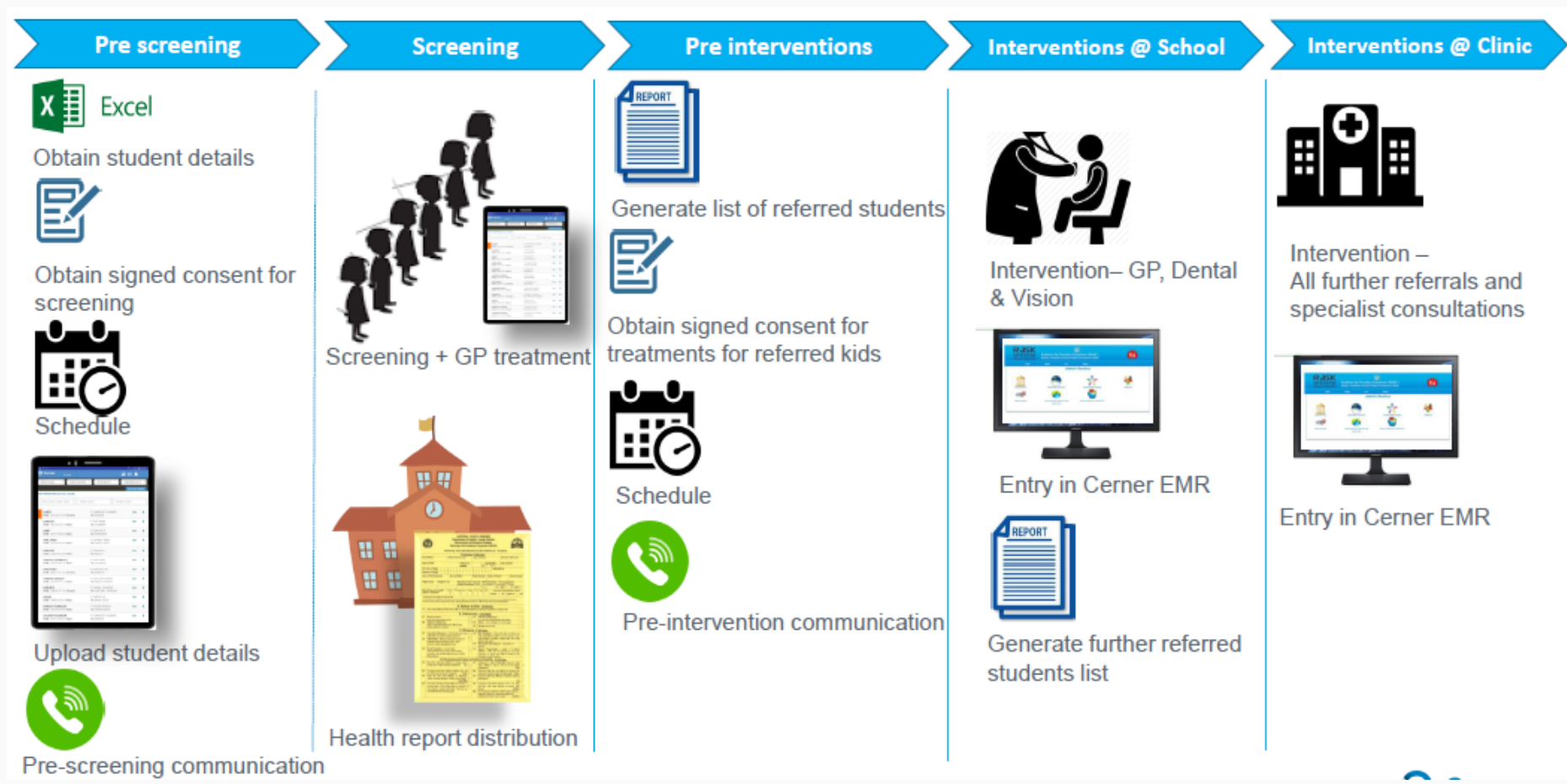
- **Scope:**
- Individual health reports for each child that feed into a records database
- Sponsored medical treatments
- Case grants for long term treatments



Implementing partner: **BNRT 25**

Cost per child: **Rs. 115**

# Process for Health Screening & Treatments



# Preventive Awareness: Health Kits

## FULL KIT

- 2 Face Masks
- 24 Shampoo Sachets
- 3 Bars of Soap
- 1 Toothbrush
- 3 Tubes of Toothpaste
- 6 Packets of Sanitary Napkins

**Cost per kit: Rs. 435** (inclusive of delivery, branding, sanitary napkins)

### Frequency:

Thrice a year (July, October and February)

Implementing partner: **BNRT 25**

Donors please note: Costs may change marginally



# Process for Distribution of Health Kits

1

## Pre-Distribution:

- Confirm date with the school headmaster or headmistress (HM)
- Place order with vendor.
- Calls are made to each parent using the phone number database

2

## Distribution:

- Temperature is checked for every beneficiary and hand sanitizer is provided.
  - Beneficiary is cross checked against a student database.
- Table is setup with each item, and one team member provides an overview of kit content.

3

## Post-Distribution:

- Signed acknowledgement letter is received from each HM
- The student database is updated with any new contacts and marked for those who received the health kits
- Reports are provided to all stakeholders, along with pictures





# Nutritional Snacks

**Objective:** Provide additional nutritional supplements to government school children on a weekly basis

**Product:** Paper Boat Chikki Bars

**Role:** Liase with vendor and school administration to notify them about the program and schedule. This includes identifying a person of contact in the school, who will receive the stock, sign delivery receipts, and ensure that orders are made according to the strength of the students. Excess bars will be used for the next round of distribution.

**Frequency:**

- If schools are open, 3 chikki bars per child, per week for 10 months
- If schools close due to Covid-19, chikki bars can be distributed every 2-3 months along with the health kits

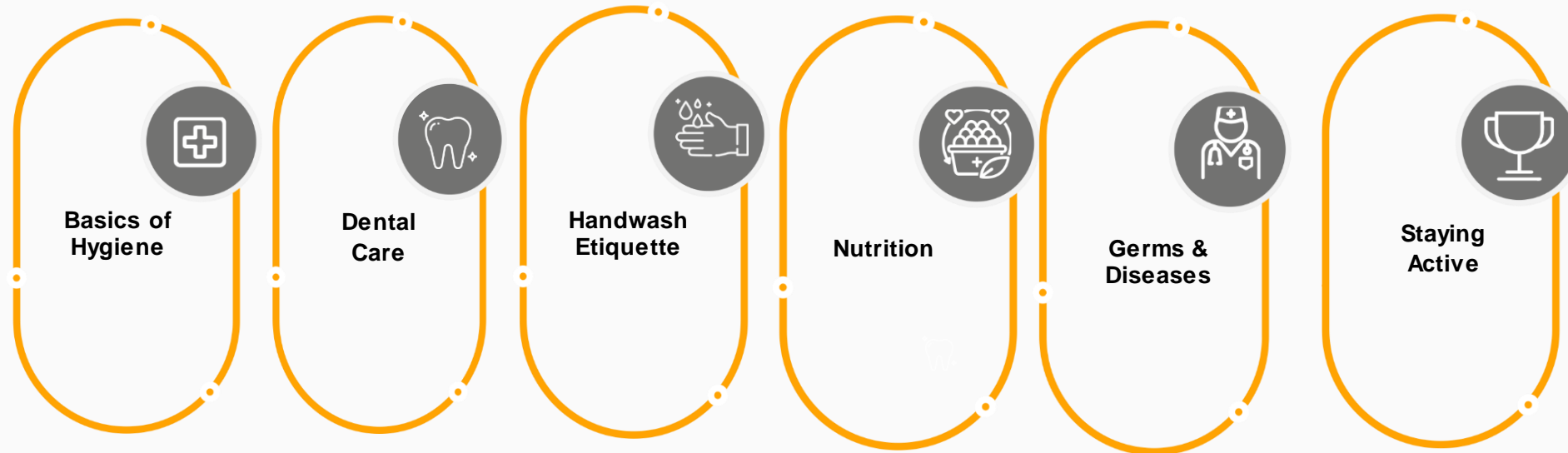


Implementing partner: **BNRT 25**

Cost per bar: **Rs. 6**

# Preventive Awareness: Awareness Collaterals

## Health Awareness Workbooks



\*Content is in Kannada and English, grade-appropriate and each booklet will contain a health poster

Implementing partner: **BNRT 25**

Cost per workbook: **Rs. 45**, inclusive of translation & printing charges for minimum 30-page workbook

Donors please note: Costs may change marginally

# Preventive Awareness: Awareness Collaterals

## Awareness Posters

**EMBASSY OFFICE PARKS**

**ಕೋವಿಡ್-19 ಕೊರೋನಾವೈರಸ್ ರೋಗ**

ಉತ್ತಮ ವೈಯಕ್ತಿಕ ನೈರ್ಮಲ್ಯ ಸೂತ್ರಗಳನ್ನು ಪಾಲಿಸಿ

ಹ್ಯಾಂಡ್ ಸ್ಯಾನಿಟೈಸರ್ ಅನ್ನು ನಿಯಮಿತವಾಗಿ ಬಳಸಿ

ನೋವು ಮತ್ತು ನೀರಿನಿಂದ ನಿಮ್ಮ ತೈಗಳನ್ನು ನಿಯಮಿತವಾಗಿ ತೊಳೆಯಿರಿ

ನಿಮ್ಮ ತೈಗಳಿಂದ ನಿಮ್ಮ ಮುಖವನ್ನು ಸ್ಪರ್ಶಿಸುವುದನ್ನು ತಪ್ಪಿಸಿ

**ನಿಮ್ಮ ತೈಗಳನ್ನು ಸ್ವಚ್ಛಗೊಳಿಸಲು 8 ಹಂತಗಳು**

ಈ ಮಾರ್ಗಸೂಚಿಗಳನ್ನು ಮುಖಾಂತರ (WHO) ಹೊಂದಿಕೊಂಡಿದೆ

**ಎಂಬೆಸಿ ಆಫೀಸ್ ಪಾರ್ಕ್**

ನಾನು ಕೋವಿಡ್ ಮುಕ್ತನಾಗಿದ್ದೇನೆ ಮತ್ತು ಹೀಗೆಯೇ ಇರಲು ಇಷ್ಟಪಡುತ್ತೇನೆ. ಸಾಮಾಜಿಕ ಅಂತರವನ್ನು ಅನುಸರಿಸಿ.

**BRUSH YOUR TEETH FOR A BRIGHTER FUTURE**

Brush your teeth with toothpaste twice a day!

**ಆರೋಗ್ಯ ಮತ್ತು ಸ್ವಚ್ಛತೆಯ ಬಗೆಗಿನ ಜಟಿವಲಕಗಳು**

ತರಗತಿ 1 ರಿಂದ 3

ನನ್ನ ಹೆಸರು : \_\_\_\_\_  
ನನ್ನ ಪಾಠದ ಹೆಸರು : \_\_\_\_\_  
ನನ್ನ ಶಾಲೆ : \_\_\_\_\_

Cognizant Cerner

**ಶೌಚಾಲಯ ಶಿಷ್ಟಾಚಾರ**

ಕೋವಿಡ್-19 ಮತ್ತು ಇತರ ಛೇದಕ ಪ್ರಾಣಿಗಳನ್ನು ತಡೆಗಟ್ಟಲು ನಿಮ್ಮ ತೈಗಳನ್ನು ಕೋವಿಡ್-19 ತೊಳೆಯಿರಿ

ನೀರನ್ನು ಮಿತವಾಗಿ ಬಳಸಿ

ಶೌಚಾಲಯವನ್ನು ಬಳಿದ ನಂತರ ಧ್ವಜ ಮಾಡಿ

ಶೌಚಾಲಯವನ್ನು ಸ್ವಚ್ಛವಾಗಿ ಮತ್ತು ಅಚ್ಚುಚ್ಚುಗಾಗಿ ಮಾಡಿ

ದಯವಿಟ್ಟು ಎಲ್ಲಾ ಸ್ಯಾನಿಟರಿ ವಸ್ತುಗಳನ್ನು ಉಪಚರಿಸಿ

ಒಮ್ಮೆ ಒಮ್ಮೆ ದ್ರಕ್ಕೆ ಮಾತ್ರ ಶೌಚಾಲಯವನ್ನು ಬಳಸಬೇಡಿ

ಶೌಚಾಲಯವನ್ನು ಸವಿಸ್ತರಿಸಿ ಮಾಡಬೇಡಿ

**ನೋವಲ್ ಕೊರೋನಾವೈರಸ್ ಕೋವಿಡ್-19**

ನಿಮ್ಮನ್ನು ಮತ್ತು ಇತರರನ್ನು ರಕ್ಷಿಸಿ! ಈ ಕೆಳಗಿನ ಮಾರ್ಗಸೂಚಿಗಳನ್ನು ಪಾಲಿಸಿ

**ಮಾಡಬೇಕಾದದ್ದು**

- ಶುಭ್ರತೆ ಮತ್ತು ಸ್ವಚ್ಛತೆ: ಕೈಗಳನ್ನು ಸ್ವಚ್ಛಗೊಳಿಸಿ, ಉಡುಪುಗಳನ್ನು ಸ್ವಚ್ಛಗೊಳಿಸಿ, ಉಪಯುಕ್ತ ವಸ್ತುಗಳನ್ನು ಸ್ವಚ್ಛಗೊಳಿಸಿ.
- ನಿಮ್ಮ ದೂರವನ್ನು ಕಡಿಗೊಡಿ: ಕನಿಷ್ಠ 1 ಮೀಟರ್ ದೂರವನ್ನು ಕಡಿಗೊಡಿ.
- ನಿಮ್ಮ ದೂರವನ್ನು ಕಡಿಗೊಡಿ: ಕನಿಷ್ಠ 1 ಮೀಟರ್ ದೂರವನ್ನು ಕಡಿಗೊಡಿ.
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**ಮಾಡಬಾರದದ್ದು**

- ನಿಮ್ಮ ದೂರವನ್ನು ಕಡಿಗೊಡಿ: ಕನಿಷ್ಠ 1 ಮೀಟರ್ ದೂರವನ್ನು ಕಡಿಗೊಡಿ.
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**ಆರೋಗ್ಯಕರ ಜೀವನಕ್ಕೆ ಮಾರ್ಗಸೂಚಿಗಳು**

Cognizant Cerner

Cost per vinyl poster in size A2: Rs. 200

# Daily School Maintenance

## Scope:

- Professional team of janitors and supervisors deployed
- Daily cleaning of:
  - Classrooms, Toilets and Common Area
  - Drinking water safety assessment
  - Cleaning overhead tanks and water sumps twice in a year



Implementing partner: **BNRT 25**

Approx. cost for a medium-size school: **Rs. 60,000** including cleaning, consumables and cleaning staff salaries

# Clean Drinking Water & Handwash Stations

## Measures include:

- RO drinking water facilities
- Handwashing facilities with provision of soap
- Conducting periodic maintenance checks to validate that facilities are working as expected

Implementing partner: **BNRT 25**

Cost per RO unit for 300 students: **Rs. 70,000**

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# Adopt a School

## How you can help

- Choose to sponsor a comprehensive health program for an entire Government School and nurture them over time. An average size school holds around 200 students.
- Choose to sponsor a pre-determined number of students

## The Comprehensive Health Program includes:

- 3 health kit distributions
- Nutritional supplements distributed thrice a week
- Comprehensive health screening and treatments
- Awareness workbooks and collaterals
- Daily school maintenance

Embassy Group's CSR team can support with reporting, fund utilization reports, volunteering opportunities, and more.

15 Government Schools

6,000 Students

April 2022 – March 2023

Implementing partner: **BNRT 25**

Cost per child: **Rs. 5,000**

# Adopt a School

Cost per Child: Rs. 5,000

Government Schools	Strength	Cost per School
GKMPS R K Hegdenagara	984	86,98,560
GUMPS R K Hegdenagara	1079	95,38,360
GKHPS Dasarahalli	196	17,32,640
GTHPS Cox Town	104	9,19,360
GKHPS Cox Town	165	14,58,600
GHS Cox Town	210	18,56,400
GKTHPS Cleveland Town	482	42,60,880
GKTHPS Vasanthanagara	220	19,44,800
GHS Bettahalasur	325	28,73,000
GKHPS Sonnapanahalli	372	18,60,000
GKMPS Hunsmaranahalli	587	29,35,000
GKMPS Tarahunise	366	18,30,000
GHS Pottery Town	232	11,60,000
GKHPS Pottery Town	207	10,35,000
GKHPS Challagatta	155	7,75,000

\*Donors please note: Costs may change marginally



# Bangalore North Round Table 25

You can contribute funds towards the project through your empanelled NGO partner, or through Bangalore North Round Table 25, which is a part of Round Table India Trust.

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# Thank You

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